

## Black Lives Matter Resources

The Learning Diaries, July 2020

A good place to start for general info is Black Lives Matter <https://blacklivesmatter.com/>

### Suggestions of who to follow/social media threads:

- @monachalabi who does some really effective infographics around stats - highlighting that we should buy black as a disproportionate amount of black businesses have been closing as a result of COVID-19 <https://www.instagram.com/monachalabi/?hl=en>
- Nova Reid - [@Novareidoffical on Instagram](#) Nova runs in depth and comprehensive anti racism courses. For anyone in a financial position to do so the knowledge you gain about becoming a better ally
- Munroe Bergdorf - [@Munroebergdorf on Instagram](#)
- Donté Colley - [@Dontecolley on Instagram](#)
- Stephanie Yeboah - [@StephanieYeboah on Instagram](#) - be sure to check out Stephanie's IGTV '[I'm tired of the white tears](#)'
- Chrissy Rutherford - [@Chrissyford on Instagram](#). Chrissy uploaded a very helpful IGTV titles "It's not enough to just say ["I'm not racist"](#)"
- Nicole Ocran - [@Nicoleocran on Instagram](#). Nicole's [BLM highlight](#) is really insightful and points out the emotional labour that People of Colour go through when white people continually ask for help/directions/resources.
- Florence Given - [@Florencegiven on Instagram](#)
- Rachel Elizabeth Cargle - [@Rachel.cargle on Instagram](#).
- Layla F. Saad - [@Laylafaad on Instagram](#) Layla is the author of Me and White Supremacy.
- Dom Roberts - [@Domrobxtrts on Instagram](#).
- The Grief Case - [@Thegriefcase on Instagram](#). Specifically, take a look at [this post](#) about supporting black communities.
- The Conscious Kid - [@theconsciouskid on Instagram](#). If you are a parent take a look at [this post](#) discussing the idea that children may be 'too young' to learn about race issues and how racism can be reinforced by the silence of white care givers.
- Mireille C Harper - [@Mireillecharper on Instagram](#). Be sure to read [her post](#) on education and advice regarding non-optical-allyship.
- Alexandria Ocasio-Cortez - [@AOC on Instagram](#) congresswoman for NY has been sharing helpful information for those protesting.
- Janaya Future Khan - [@Janayathefuture on Instagram](#). Janaya has uploaded a [live-stream to her IGTV](#) aimed at white people only, to teach and educate, for people wanting to know what else they can do to help.
- Gal-Dem Magazine - [@galdemzine on Instagram](#).
- From Privilege to Progress - [@Privtoprog on Instagram](#).
- @equalitylabs on Instagram is a community organisation for socially engaged arts for South Asian people. They have some great advice and resources for self-educating.
- @bcaheritage on Twitter
- @moemotivate on Instagram

- @ciprianaquann on Instagram
- @rachel.cargel on Instagram
- @iamrachelricketts on Instagram
- @das.penman on Instagram
- [https://www.instagram.com/p/CAu\\_buhH5lD/](https://www.instagram.com/p/CAu_buhH5lD/)
- [https://www.instagram.com/p/CA53Q\\_WDl90/](https://www.instagram.com/p/CA53Q_WDl90/)
- Follow on Instagram [@filltheblanksuk](https://www.instagram.com/filltheblanksuk)

## Reading

- The UK is Not Innocent - Wail Qasim <https://novaramedia.com/2020/06/01/the-uk-is-not-innocent-police-brutality-has-a-long-and-violent-history-here/>
- A Letter to my white friends - Chris Lambert <https://lambseenglish.wordpress.com/2020/06/01/a-letter-to-my-white-friends/>
- Are natural history museums inherently racist - Josh Davis <https://www.nhm.ac.uk/discover/news/2019/july/are-natural-history-museums-inherently-racist.html>
- How you can contribute to the Black Lives Matter movement right now [https://i.d.vice.com/en\\_uk/article/g5pgay/how-to-contribute-to-the-black-lives-matter-movement](https://i.d.vice.com/en_uk/article/g5pgay/how-to-contribute-to-the-black-lives-matter-movement)
- Essay - White Privilege: Unpacking the Invisible Knapsack by Peggy McIntosh - <https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>
- Anything by [bell hooks](#), specifically 'teaching to transgress'
- Black and British: A Forgotten History - David Olusoga
- White Privilege - Kalwant Bhopal
- The Good Immigrant - Edited by Nikesh Shukla
- Slay in Your Lane - Yomi Adegoke and Elizabeth Uviebinene
- Why I'm No Longer Talking to White People About Race - Reni Eddo-Lodge
- Me and White Supremacy: How to Recognise Your Privilege, Combat Racism and Change the World - Layla F Saad
- White Fragility - Robin DiAngelo
- I Am Not Your Baby Mother - Candice Braithwaite
- King Leopold's Ghost - Adam Hochschild (history of Belgian Congo)
- Your Silence Will Not Protect You (collection of writings) - Audre Lorde
- Zami: A New Spelling of My Name - Audre Lorde (autobiography)
- Black Boy - Richard Wright (novel)
- Native Son - Richard Wright (novel)
- Americanah - Chimamanda Ngozi Adichie (novel)
- The Book of Negroes - Lawrence Hill (historical novel)
- A Raisin in the Sun (play) - Lorraine Hansberry
- Tar Baby - Toni Morrison (novel)
- Dreams of My Father - Barack Obama (autobiography - pre presidency)
- Lady Sings the Blues - Billie Holiday (autobiography)
- Civilising Subjects - Catherine Hall (history of British Empire)
- Black Skin, White Masks - Frantz Fanon (historical critique of race)
- 'Round-up' style reading lists:
- [10-books-about-race-to-read-instead-of-asking-a-person-of-color-to-explain-things-to-you](#)
- [17-books-on-race-every-white-person-needs-to-read](#)

### Films and short videos:

- [When They See Us - Netflix](#) - “Five teens from Harlem become trapped in a nightmare when they’re falsely accused of a brutal attack in Central Park. Based on the true story”
- The Tyler Merritt Project made this powerful film, to better explain white privilege and the fear black people have of police brutality (in the US, but there is the issue in the UK also, with Mark Duggan, Sean Rigg, Mzee Mohammed and many others) [https://youtu.be/oGu\\_xGBekpo](https://youtu.be/oGu_xGBekpo)
- [I Am Not Your Negro - Documentary Amazon](#) - “The memoir recounts the lives of James Baldwin’s close friends and civil rights leaders Malcolm X, Martin Luther King Jr., and Medgar Evers.”
- [Dear White People - Netflix](#)
- [What happens when I try to talk race with white people - YouTube](#) - Insightful short video ft Renni Eddo-Lodge (author of Why I’m No Longer Talking To White People About Race) that really succinctly sums up the issues at play when discussing racism with white people.
- [White People, Enough: A Look at Power and Control | Jaelyn Coates | TEDxCSU](#)
- [Let’s get to the root of racial injustice | Megan Ming Francis | TEDxRainier](#)
- [Not all Superheros wear capes-how you have the power to change the world | Nova Reid | TEDxFrankfurt](#)
- [https://www.youtube.com/watch?v=v4amCfVbA\\_c](https://www.youtube.com/watch?v=v4amCfVbA_c)
- <https://www.youtube.com/watch?v=Sd-VUOgS3rE>
- <https://www.youtube.com/watch?v=OLQzz75yE5A>
- <https://www.youtube.com/watch?v=-aCn72iXO9s>

### Other

- President Obama’s response to how the movement can bring about real change is interesting <https://medium.com/@BarackObama/how-to-make-this-moment-the-turning-point-for-real-change-9fa209806067>
- An organisation to support: Black Curriculum is an initiative that teaches Black history all year round in the school year, to 8-16 year olds <https://www.theblackcurriculum.com/our-work>
- <https://www.theexhibitionist.org> Uncomfortable Art Tours
- We are following this initiative by the White Pube: <https://www.thewhitepube.co.uk/blm> Check their handy spreadsheet (<https://docs.google.com/spreadsheets/d/1LhQt8WMDneilsbTUtEagLTLLheZknpmu02frQcN93k8/edit#gid=0>) compiling what actions are being pledged by UK arts organisations and please consider writing to your favourite museum/gallery to demand more action (email templates in the blog)
- Sign up to the fantastic email newsletter by [Nicole Cardoza](#) <https://www.nicoleacardoza.com/anti-racism-dailyfor> daily resources (and support her on Patreon if you can)
- Sign up to support Kwanda <https://kwanda.co/about/> A self-funded platform to fund projects in Black communities
- White privilege test <http://monitoracism.eu/check-yourself-the-white-privilege-test/>
- Legacies of British Slave Ownership database: <https://www.ucl.ac.uk/lbs/>